

# Bega Valley Regional Gallery, South East Arts & The National Gallery of Australia presents

## FREE – ART & DEMENTIA TRAINING

A two-day training workshop for arts and health professionals as part of the NGA's Art & Dementia Outreach Program

**When:** Tuesday 21 & Wednesday 22 February  
9am – 4.30pm

**Where:** Bega Valley Commemorative  
Civic Centre, Zingel Place Bega

**Who:** Participants can be artists, volunteers  
or health workers

**Cost:** FREE. Places limited to 12 artists and  
13 health professionals

**Book:** BVRG on 6499 2202  
[gallery@begavalley.nsw.gov.au](mailto:gallery@begavalley.nsw.gov.au)



*Looking at and talking about works of art provides opportunities for people living with dementia to connect with the world in enriching and life-enhancing ways. A guided visit to a gallery promotes social inclusion in an intellectually stimulating environment for people who may be isolated and lack opportunities for meaningful activities.*



The workshop will develop specialised communication skills and will also include an introduction to understanding life with dementia by a dementia care professional.

Learn skills to facilitate guided tours of works of art for people living with dementia. Begin the process of implementing a sustainable program in the Bega Valley area.

Partnerships established between arts professionals and health care providers during the workshop will ensure a sustainable program can be developed to support people living with dementia in Bega Valley communities.